

## A note on reopening of Lodges...

We are looking forward to being able to reopen Lodges following this Friday's change in gathering numbers.

Find out what your Lodge and your members need to do when Lodges re-open after 31st May 2020 by clicking the button below.

[Learn more about Lodge re-openings](#)



### Staying healthy as you age: Tips from an expert

As you age, maintaining a strong immune system is crucial for fighting winter illnesses.

Have a read of this article from Dr Bryan Betty, Medical Director of the Royal New Zealand College of General Practitioners, about ways you

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can stay healthy this winter.

[Read more from Dr Bryan Betty](#)

## Five Facebook Fundamentals

Never used Facebook? Not sure where to start?



We're here with a simple guide to using Facebook, the website that your family and friends use to communicate with each other.

[Read the 5 Facebook fundamentals](#)

## Freemasons scholarship recipients



Every year for over four decades, the Freemasons Charity has supported the next generation of leaders through the provision of scholarships.

Freemasons New Zealand through The Freemasons Charity has funded \$200,000 in Freemasons University Scholarships.

We're excited to share with you the

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stories of the 2020 recipients.

[Read more about Freemasons Scholarships](#)

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The Freemasons NZ website is very much open for business. See our website or any updates and vital information, and to keep in touch with what's happening within our Craft around the country.

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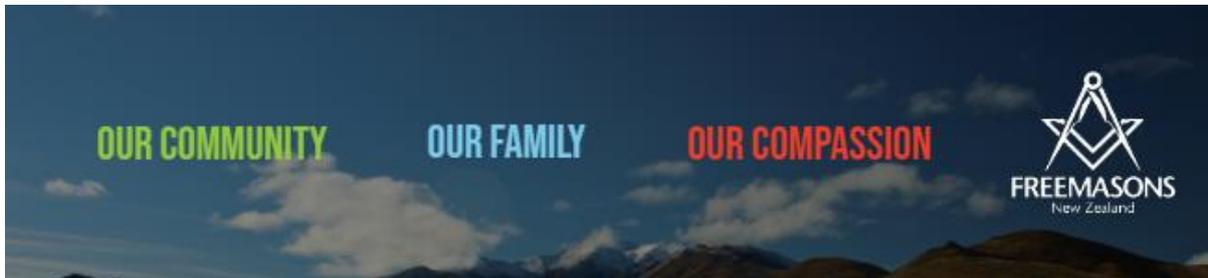
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